

Menu Calendar Report - January, 2018

Generated on: 1/4/2018 9:14:36 AM by Susan Cox

Site: Guthrie High School
 Meal Type: Lunch
 Site Group: CrossRoads Café
 Menu Line: CRC-Grill

Monday	Tuesday	Wednesday	Thursday	Friday
1 Jan	2 Jan	3 Jan	4 Jan	5 Jan
			Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Grilled Chicken Sandwich (31.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.76-5.52 g) Country Style Potato Wedges, regular (15.05 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) Three Cheese Toaster (29.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (0.00-10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)
8 Jan	9 Jan	10 Jan	11 Jan	12 Jan
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Corn Dog (30.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Pulled Pork Sandwich, Brookwood Pork (31.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) American Cheese Slice Provolone Cheese Slice; Schreiber Swiss-American Cheese Slice; Schreiber (0.50 g) 100% Apple Juice (14.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Chicken Fried Steak Sandwich, Hamburger Roll (50.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Cowboy Steak Sandwich (39.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)

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100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)	Apple Whole: 125 ct (MS/HS)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)	Applesauce (14.89 g)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)
Fresh Whole Oranges (11.28 g)	Diced Peaches (15.54 g)	Fresh Whole Oranges (11.28 g)	Chilled Bartlett Pears (12.75 g)	Fresh Whole Oranges (11.28 g)
Pineapple Tidbits (18.73 g)	Fresh Whole Oranges (11.28 g)	Fresh Baby Carrots (5.84 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
Fresh Baby Carrots (5.84 g)	Baked Beans, vegetarian (44.03 g)	Garden Side Salad (3.96 g)	Caesar Side Salad (2.76-5.52 g)	Fresh Celery Sticks (1.92 g)
Garden Side Salad (3.96 g)	Caesar Side Salad (2.76-5.52 g)	Potato Fry (18.00 g)	Country Style Potato Wedges, regular (15.05 g)	Garden Side Salad (3.96 g)
Potato Tater Tots (14.09 g)	Fresh Broccoli Florets (2.12 g)	Chocolate Skim Milk (20.00 g)	Fresh Broccoli Florets (2.12 g)	Potato Fry (18.00 g)
Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	While 1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
While 1% Milk (13.00 g)	While 1% Milk (13.00 g)	White Skim Milk (13.00 g)	While 1% Milk (13.00 g)	While 1% Milk (13.00 g)
White Skim Milk (13.00 g)	White Skim Milk (13.00 g)	Barbecue Honey Sauce (18.96 g)	White Skim Milk (13.00 g)	White Skim Milk (13.00 g)
Dill Pickle Chips	White Skim Milk (13.00 g)	Buffalo Ranch Dressing (1.69 g)	Caesar Dressing (1.00 g)	Diced Red Tomatoes (3.83 g)
Jalapeno Peppers	Caesar Dressing (1.00 g)	Caramelized Onions (9.67 g)	Dill Pickle Chips	Dill Pickle Chips
Kansas City Barbecue Sauce (7.50 g)	Dill Pickle Chips	Chipotle Lime Mayonnaise (3.36 g)	Jalapeno Peppers	Jalapeno Peppers
Ketchup (0.00-10.00 g)	Jalapeno Peppers	Dill Pickle Chips	Kansas City Barbecue Sauce (7.50 g)	Kansas City Barbecue Sauce (7.50 g)
Light Mayo (2.00 g)	Kansas City Barbecue Sauce (7.50 g)	Jalapeno Peppers	Ketchup (0.00-10.00 g)	Ketchup (0.00-10.00 g)
Light Ranch Dressing (2.50 g)	Ketchup (0.00-10.00 g)	Kansas City Barbecue Sauce (7.50 g)	Light Mayo (2.00 g)	Light Mayo (2.00 g)
Shredded Lettuce (0.54 g)	Light Mayo (2.00 g)	Ketchup (0.00-10.00 g)	Light Ranch Dressing (2.50 g)	Light Ranch Dressing (2.50 g)
Sliced Red Tomatoes (1.46 g)	Light Ranch Dressing (2.50 g)	Light Mayo (2.00 g)	Shredded Lettuce (0.54 g)	Shredded Lettuce (0.54 g)
Yellow Mustard	Shredded Lettuce (0.54 g)	Light Ranch Dressing (2.50 g)	Sliced Red Tomatoes (1.46 g)	Yellow Mustard
Yellow Onion (2.00 g)	Sliced Red Tomatoes (1.46 g)	Sauteed Peppers (6.21 g)	Yellow Mustard	Yellow Onion (2.00 g)
	Yellow Mustard	Shredded Lettuce (0.54 g)	Yellow Onion (2.00 g)	
	Yellow Onion (2.00 g)	Sliced Red Tomatoes (1.46 g)		
		Yellow Mustard		
		Yellow Onion (2.00 g)		
15 Jan	16 Jan	17 Jan	18 Jan	19 Jan
	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g)
	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Hamburger (28.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g)
	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Grilled Chicken Sandwich (31.00 g)	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)
	Sandwich, Memphis Meltdown (36.32 g)	American Cheese Slice	Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g)	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)
	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Provolone Cheese Slice; Schreiber	Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g)	Three Cheese Toaster (29.00 g)
	100% Apple Juice (14.00 g)	Swiss-American Cheese Slice; Schreiber (0.50 g)	100% Apple Juice (14.00 g)	100% Apple Juice (14.00 g)
	Apple Whole: 125 ct (MS/HS)	100% Apple Juice (14.00 g)	Apple Whole: 125 ct (MS/HS)	Apple Whole: 125 ct (MS/HS)
	Banana (26.95 g)	Apple Whole: 125 ct (MS/HS)	Banana (26.95 g)	Banana (26.95 g)
	Diced Peaches (15.54 g)	Applesauce (14.89 g)	Chilled Bartlett Pears (12.75 g)	Fresh Whole Oranges (11.28 g)
	Fresh Whole Oranges (11.28 g)	Banana (26.95 g)	Fresh Whole Oranges (11.28 g)	Mixed Fruit (15.22 g)
	Baked Beans, vegetarian (44.03 g)	Fresh Whole Oranges (11.28 g)	Caesar Side Salad (2.76-5.52 g)	Fresh Celery Sticks (1.92 g)
	Caesar Side Salad (2.76-5.52 g)	Fresh Baby Carrots (5.84 g)	Country Style Potato Wedges, regular (15.05 g)	Garden Side Salad (3.96 g)
		Garden Side Salad (3.96 g)		
		Potato Fry (18.00 g)		
		Chocolate Skim Milk (20.00 g)		

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	16 Jan	17 Jan	18 Jan	19 Jan
	Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	While 1% Milk (13.00 g) White Skim Milk (13.00 g) Barbecue Honey Sauce (18.96 g) Buffalo Ranch Dressing (1.69 g) Caramelized Onions (9.67 g) Chipotle Lime Mayonnaise (3.36 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Sautéed Peppers (6.21 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)
22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Corn Dog (30.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Tater Tots (14.09 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Pulled Pork Sandwich, Brookwood Pork (31.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Baked Beans, vegetarian (44.03 g) Caesar Side Salad (2.76-5.52 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) American Cheese Slice Provolone Cheese Slice; Schreiber Swiss-American Cheese Slice; Schreiber (0.50 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Barbecue Honey Sauce (18.96 g) Buffalo Ranch Dressing (1.69 g) Caramelized Onions (9.67 g) Chipotle Lime Mayonnaise (3.36 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.76-5.52 g) Country Style Potato Wedges, regular (15.05 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Cowboy Steak Sandwich (39.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g)

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22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Sauteed Peppers (6.21 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)
29 Jan	30 Jan	31 Jan	1 Feb	2 Feb
Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Chili Cheese Hotdog (49.93 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Pineapple Tidbits (18.73 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Tater Tots (14.09 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Patty Melt (33.42 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Diced Peaches (15.54 g) Fresh Whole Oranges (11.28 g) Baked Beans, vegetarian (44.03 g) Caesar Side Salad (2.76-5.52 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard Yellow Onion (2.00 g)	Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger (28.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) American Cheese Slice Provolone Cheese Slice; Schreiber Swiss-American Cheese Slice; Schreiber (0.50 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Applesauce (14.89 g) Banana (26.95 g) Orange Smiles (11.28 g) Fresh Baby Carrots (5.84 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Barbecue Honey Sauce (18.96 g) Buffalo Ranch Dressing (1.69 g) Caramelized Onions (9.67 g) Chipotle Lime Mayonnaise (3.36 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Sauteed Peppers (6.21 g)	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Grilled Chicken Sandwich (31.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Chilled Bartlett Pears (12.75 g) Fresh Whole Oranges (11.28 g) Caesar Side Salad (2.76-5.52 g) Country Style Potato Wedges, regular (15.05 g) Fresh Broccoli Florets (2.12 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Caesar Dressing (1.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Sliced Red Tomatoes (1.46 g) Yellow Mustard	Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, hamburger roll, RECIPE (34.00 g) Chicken Burger, Tyson breaded patty, hamburger roll, RECIPE (47.00 g) Hamburger, 2.4 oz beef, soy, mushroom patty, hamburger roll, RECIPE (34.00 g) Spicy Chicken Burger, Tyson patty, hamburger roll, RECIPE (48.00 g) Three Cheese Toaster (29.00 g) 100% Apple Juice (14.00 g) Apple Whole: 125 ct (MS/HS) Banana (26.95 g) Fresh Whole Oranges (11.28 g) Mixed Fruit (15.22 g) Fresh Celery Sticks (1.92 g) Garden Side Salad (3.96 g) Potato Fry (18.00 g) Chocolate Skim Milk (20.00 g) While 1% Milk (13.00 g) White Skim Milk (13.00 g) Dill Pickle Chips Jalapeno Peppers Kansas City Barbecue Sauce (7.50 g) Ketchup (10.00 g) Light Mayo (2.00 g) Light Ranch Dressing (2.50 g) Shredded Lettuce (0.54 g) Yellow Mustard Yellow Onion (2.00 g)

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	31 Jan	1 Feb
	Shredded Lettuce (0.54 g)	Yellow Onion (2.00 g)
	Sliced Red Tomatoes (1.46 g)	
	Yellow Mustard	
	Yellow Onion (2.00 g)	

Carbohydrate values in grams follow the Menu Item name