

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 5 - ServingDate: 09/01/2017							
Biscuit with Old Fashioned Gravy RECIPE - OKR1171 (1 ea.)	120	380.10	20.91	9.60	1060.10	45.01	5.00
Buttery Wheat Toast Entree - OKR1044 (2 slices)	100	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	100	89.05	2.60	0.86	140.95	14.00	3.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	80	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	50	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	30	99.91	0.75	0.50	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	5	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	5	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	20	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	15	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	15	110.00	1.00	0.00	140.00	24.00	1.00
Diced Bartlett Pears - SR1194 (1/2 c.)	200	70.42	0.10	0.01	5.63	18.22	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	300	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 5 - ServingDate: 09/01/2017							
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	200	34.57	0.00	0.00	0.00	8.89	0.00
SY 17-18 K8 Breakfast Week 1 Day 1 - ServingDate: 09/11/2017							
Buttery Wheat Toast Entree - OKR1044 (2 slices)	50	173.33	4.67	1.50	276.67	28.00	6.00
Pancakes, Commodity - OKR1025 (2 pancakes)	225	140.00	4.00	0.00	270.00	26.00	4.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	75	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	50	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	25	99.91	0.75	0.50	52.45	19.48	3.50
Buttery Wheat Toast Side - OKR1160 (1 slice)	200	89.05	2.60	0.86	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	5	110.00	1.00	0.00	140.00	24.00	1.00
Diced Bartlett Pears - SR1194 (1/2 c.)	300	70.42	0.10	0.01	5.63	18.22	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	250	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 1 Day 1 - ServingDate: 09/11/2017							
White 1% Milk - OKR1061 (8 oz.)	100	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	50	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	150	34.57	0.00	0.00	0.00	8.89	0.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	200	117.75	0.00	0.00	39.25	29.16	0.00
SY 17-18 K8 Breakfast Week 1 Day 2 - ServingDate: 09/12/2017							
Apple Cinnamon Rice Krispies Bar - OKR1057 (1 Bar)	40	140.00	3.00	0.50	105.00	27.00	2.00
Hot Oatmeal - SR1483 (1/2 c.)	100	125.58	2.33	0.38	5.26	23.08	4.64
Chocolate Rice Krispies Bar - OKR1058 (1 Bar)	50	150.00	4.50	1.00	140.00	27.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cinnamon Toast, Entree - OKR1015 (2 slice)	150	207.57	4.75	1.75	276.73	36.93	6.03
Cinnamon Toast, Side - OKR1014 (1 slice)	200	104.59	2.38	0.88	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	5	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	5	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	300	60.00	0.00	0.00	5.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 1 Day 2 - ServingDate: 09/12/2017							
Orange Smiles - SR1172 (6 slice or w)	200	45.12	0.12	0.01	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	125	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 K8 Breakfast Week 1 Day 3 - ServingDate: 09/13/2017							
Buttery Wheat Toast Entree - OKR1044 (2 slices)	50	173.33	4.67	1.50	276.67	28.00	6.00
Sausage Breakfast Pizza - SR1167 (1 slice)	200	210.03	7.00	2.00	480.08	26.00	9.00
Soft Wheat Bagel - SR1168 (1 bagel)	70	170.00	1.00	0.00	200.00	34.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	225	89.05	2.60	0.86	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Mini White Choc, Bowlpack - OKR1054 (1 bowl)	10	100.00	1.00	0.00	105.00	23.00	3.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 1 Day 3 - ServingDate: 09/13/2017							
Banana - SR1166 (1 medium (7"))	300	105.02	0.39	0.13	1.18	26.95	1.29
100% Orange Juice - SR1295 (4 fl oz cup)	200	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	150	34.57	0.00	0.00	0.00	8.89	0.00
Original Cream Cheese, Philadelphia, 1 oz - OKR1229 (1 Container)	30	70.00	7.00	4.00	115.00	1.00	1.00
Strawberry Cream Cheese, Philadelphia, 1 oz - OKR1228 (1 Container)	30	70.00	6.00	3.50	95.00	4.00	1.00
SY 17-18 K8 Breakfast Week 1 Day 4 - ServingDate: 09/14/2017							
Cinnamon Toast, Entree - OKR1015 (2 slice)	75	207.57	4.75	1.75	276.73	36.93	6.03
Egg & Cheese Biscuit - OKR1059 (1 ea.)	100	295.63	16.06	8.03	633.19	29.00	10.53
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	75	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	80	180.00	2.50	1.00	180.00	38.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cinnamon Toast, Side - OKR1014 (1 slice)	175	104.59	2.38	0.88	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 1 Day 4 - ServingDate: 09/14/2017							
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	200	60.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	250	59.05	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	50	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 K8 Breakfast Week 1 Day 5 - ServingDate: 09/15/2017							
Biscuit with Old Fashioned Gravy RECIPE - OKR1171 (1 ea.)	170	380.10	20.91	9.60	1060.10	45.01	5.00
Buttery Wheat Toast Entree - OKR1044 (2 slices)	80	173.33	4.67	1.50	276.67	28.00	6.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	80	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	40	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	40	99.91	0.75	0.50	52.45	19.48	3.50
Buttery Wheat Toast Side - OKR1160 (1 slice)	200	89.05	2.60	0.86	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 1 Day 5 - ServingDate: 09/15/2017							
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Frosted Mini White Choc, Bowlpack - OKR1054 (1 bowl)	10	100.00	1.00	0.00	105.00	23.00	3.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
Diced Bartlett Pears - SR1194 (1/2 c.)	200	70.42	0.10	0.01	5.63	18.22	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	200	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	100	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	200	34.57	0.00	0.00	0.00	8.89	0.00
SY 17-18 K8 Breakfast Week 2 Day 1 - ServingDate: 09/18/2017							
Breakfast on a Stick - SR1187 (1 serving)	100	168.44	7.93	1.98	297.25	17.84	7.93
Buttery Wheat Toast Entree - OKR1044 (2 slices)	100	173.33	4.67	1.50	276.67	28.00	6.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	100	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	75	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	25	99.91	0.75	0.50	52.45	19.48	3.50

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 1 - ServingDate: 09/18/2017							
Buttery Wheat Toast Side - OKR1160 (1 slice)	150	89.05	2.60	0.86	140.95	14.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	250	60.00	0.00	0.00	0.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	300	59.11	0.04	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	150	34.57	0.00	0.00	0.00	8.89	0.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	125	117.75	0.00	0.00	39.25	29.16	0.00
SY 17-18 K8 Breakfast Week 2 Day 2 - ServingDate: 09/19/2017							
Apple Cinnamon Rice Krispies Bar - OKR1057 (1 Bar)	50	140.00	3.00	0.50	105.00	27.00	2.00
Chocolate Rice Krispies Bar - OKR1058 (1 Bar)	50	150.00	4.50	1.00	140.00	27.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 2 - ServingDate: 09/19/2017							
Cinnamon Toast, Entree - OKR1015 (2 slice)	80	207.57	4.75	1.75	276.73	36.93	6.03
Cinnamon Toast, Side - OKR1014 (1 slice)	175	104.59	2.38	0.88	138.40	18.73	3.03
Sausage Biscuit - OKR1064 (1 ea.)	150	319.42	19.45	7.98	583.71	28.50	8.48
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	200	60.00	0.00	0.00	5.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	300	45.12	0.12	0.01	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	125	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	125	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 K8 Breakfast Week 2 Day 3 - ServingDate: 09/20/2017							
Buttery Wheat Toast Entree - OKR1044 (2 slices)	75	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	150	89.05	2.60	0.86	140.95	14.00	3.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 3 - ServingDate: 09/20/2017							
Sausage Breakfast Pizza - SR1167 (1 slice)	200	210.03	7.00	2.00	480.08	26.00	9.00
Soft Wheat Bagel - SR1168 (1 bagel)	75	170.00	1.00	0.00	200.00	34.00	6.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	5	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	5	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	5	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	5	110.00	1.00	0.00	140.00	24.00	1.00
Banana - SR1166 (1 medium (7"))	300	105.02	0.39	0.13	1.18	26.95	1.29
100% Orange Juice - SR1295 (4 fl oz cup)	200	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	100	34.57	0.00	0.00	0.00	8.89	0.00
Original Cream Cheese, Philadelphia, 1 oz - OKR1229 (1 Container)	25	70.00	7.00	4.00	115.00	1.00	1.00
Strawberry Cream Cheese, Philadelphia, 1 oz - OKR1228 (1 Container)	25	70.00	6.00	3.50	95.00	4.00	1.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 4 - ServingDate: 09/21/2017							
Cheddar Cheese Omelet - OKR1222 (1 patty)	100	130.00	11.00	3.50	280.00	1.00	7.00
Cinnamon Toast, Entree - OKR1015 (2 slice)	90	207.57	4.75	1.75	276.73	36.93	6.03
Cinnamon Toast, Side - OKR1014 (1 slice)	175	104.59	2.38	0.88	138.40	18.73	3.03
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	70	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	70	180.00	2.50	1.00	180.00	38.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	300	60.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	250	59.05	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 5 - ServingDate: 09/22/2017							
Biscuit with Old Fashioned Gravy RECIPE - OKR1171 (1 ea.)	150	380.10	20.91	9.60	1060.10	45.01	5.00
Buttery Wheat Toast Entree - OKR1044 (2 slices)	75	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	150	89.05	2.60	0.86	140.95	14.00	3.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	75	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	50	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	25	99.91	0.75	0.50	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	15	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	15	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	15	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	15	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	15	110.00	1.00	0.00	140.00	24.00	1.00
Diced Bartlett Pears - SR1194 (1/2 c.)	350	70.42	0.10	0.01	5.63	18.22	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	250	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 2 Day 5 - ServingDate: 09/22/2017							
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	100	34.57	0.00	0.00	0.00	8.89	0.00
SY 17-18 K8 Breakfast Week 3 Day 1 - ServingDate: 09/25/2017							
Buttery Wheat Toast Entree - OKR1044 (2 slices)	50	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	200	89.05	2.60	0.86	140.95	14.00	3.00
Egg & Cheese Breakfast Bagel - OKR1119 (1 sandwich)	200	255.63	8.06	3.53	493.19	35.00	11.53
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	80	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	30	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	50	99.91	0.75	0.50	52.45	19.48	3.50
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
100% Orange Juice - SR1295 (4 fl oz cup)	250	60.00	0.00	0.00	0.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 1 - ServingDate: 09/25/2017							
Diced Peaches - SR1196 (1/2 c.)	300	59.11	0.04	0.00	5.37	15.54	0.85
Chocolate Skim Milk - OKR1062 (8 oz.)	100	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	50	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	100	34.57	0.00	0.00	0.00	8.89	0.00
SY 17-18 K8 Breakfast Week 3 Day 2 - ServingDate: 09/26/2017							
Apple Cinnamon Rice Krispies Bar - OKR1057 (1 Bar)	25	140.00	3.00	0.50	105.00	27.00	2.00
Chocolate Rice Krispies Bar - OKR1058 (1 Bar)	25	150.00	4.50	1.00	140.00	27.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cinnamon Toast, Entree - OKR1015 (2 slice)	70	207.57	4.75	1.75	276.73	36.93	6.03
Cinnamon Toast, Side - OKR1014 (1 slice)	175	104.59	2.38	0.88	138.40	18.73	3.03
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00
French Toast Sticks - SR1910 (3 stick.)	210	207.87	8.91	1.49	148.47	25.98	4.45
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 2 - ServingDate: 09/26/2017							
100% Apple Juice - SR1204 (4 fl oz cup)	200	60.00	0.00	0.00	5.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	250	45.12	0.12	0.01	0.00	11.28	0.90
Chocolate Skim Milk - OKR1062 (8 oz.)	125	120.00	0.00	0.00	180.00	20.00	8.00
While 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	125	90.00	0.00	0.00	130.00	13.00	8.00
Pancake & Waffle Syrup - SR1158 (1 fl. oz.)	200	117.75	0.00	0.00	39.25	29.16	0.00
SY 17-18 K8 Breakfast Week 3 Day 3 - ServingDate: 09/27/2017							
Buttery Wheat Toast Entree - OKR1044 (2 slices)	50	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	200	89.05	2.60	0.86	140.95	14.00	3.00
Sausage Breakfast Pizza - SR1167 (1 slice)	200	210.03	7.00	2.00	480.08	26.00	9.00
Soft Wheat Bagel - SR1168 (1 bagel)	50	170.00	1.00	0.00	200.00	34.00	6.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	15	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	15	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	15	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	15	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	15	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	15	110.00	1.00	0.00	180.00	23.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 3 - ServingDate: 09/27/2017							
Trix Cereal - SR1184 (1 bowl)	10	110.00	1.00	0.00	140.00	24.00	1.00
Mixed Fruit - SR1037 (1/2 c.)	300	59.05	0.00	0.00	5.13	15.22	0.59
100% Orange Juice - SR1295 (4 fl oz cup)	200	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	125	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	125	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	100	34.57	0.00	0.00	0.00	8.89	0.00
Original Cream Cheese, Philadelphia, 1 oz - OKR1229 (1 Container)	25	70.00	7.00	4.00	115.00	1.00	1.00
Strawberry Cream Cheese, Philadelphia, 1 oz - OKR1228 (1 Container)	25	70.00	6.00	3.50	95.00	4.00	1.00
SY 17-18 K8 Breakfast Week 3 Day 4 - ServingDate: 09/28/2017							
Cheesy Eggs - SR1192 (1/4 c.)	75	102.50	6.75	2.42	101.67	0.00	8.58
Cinnamon Toast, Entree - OKR1015 (2 slice)	100	207.57	4.75	1.75	276.73	36.93	6.03
Cinnamon Toast, Side - OKR1014 (1 slice)	250	104.59	2.38	0.88	138.40	18.73	3.03
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	75	180.00	2.50	1.00	190.00	37.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	75	180.00	2.50	1.00	180.00	38.00	2.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	10	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	10	110.00	1.50	0.00	120.00	25.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 4 - ServingDate: 09/28/2017							
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	10	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	10	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	10	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	10	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	15	110.00	1.00	0.00	140.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	200	60.00	0.00	0.00	5.00	14.00	0.00
Mixed Fruit - SR1037 (1/2 c.)	300	59.05	0.00	0.00	5.13	15.22	0.59
Chocolate Skim Milk - OKR1062 (8 oz.)	125	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	100	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	100	90.00	0.00	0.00	130.00	13.00	8.00
SY 17-18 K8 Breakfast Week 3 Day 5 - ServingDate: 09/29/2017							
Biscuit with Old Fashioned Gravy RECIPE - OKR1171 (1 ea.)	120	380.10	20.91	9.60	1060.10	45.01	5.00
Buttery Wheat Toast Entree - OKR1044 (2 slices)	100	173.33	4.67	1.50	276.67	28.00	6.00
Buttery Wheat Toast Side - OKR1160 (1 slice)	100	89.05	2.60	0.86	140.95	14.00	3.00
Cracker Graham, Giant Goldfish - OKR1047 (1 pkg.)	80	120.00	4.00	1.00	95.00	19.00	2.00
Yogurt, Strawberry - OKR1045 (4 oz.)	50	99.91	0.75	0.50	52.45	19.48	3.50
Yogurt, Vanilla - OKR1046 (4 oz.)	30	99.91	0.75	0.50	52.45	19.48	3.50

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL
Date: 09/01/2017 - 09/30/2017

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	Na (mg)	Carb (g)	Pro (g)
SY 17-18 K8 Breakfast Week 3 Day 5 - ServingDate: 09/29/2017							
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	20	110.00	3.00	0.50	160.00	22.00	1.00
Cocoa Puffs Cereal - SR1170 (1 bowl)	20	110.00	1.50	0.00	120.00	25.00	2.00
Froot Loops Cereal, Bowlpack - OKR1055 (1 bowl)	5	110.00	1.00	0.50	170.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	5	100.00	0.00	0.00	160.00	24.00	2.00
Honey Nut Cheerios Cereal, Bowlpack - OKR1053 (1 bowl)	20	110.00	1.50	0.00	160.00	22.00	2.00
Lucky Charms Cereal, Bowlpack - OKR1056 (1 bowl)	15	110.00	1.00	0.00	180.00	23.00	2.00
Trix Cereal - SR1184 (1 bowl)	15	110.00	1.00	0.00	140.00	24.00	1.00
Diced Bartlett Pears - SR1194 (1/2 c.)	200	70.42	0.10	0.01	5.63	18.22	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	300	60.00	0.00	0.00	0.00	14.00	0.00
Chocolate Skim Milk - OKR1062 (8 oz.)	25	120.00	0.00	0.00	180.00	20.00	8.00
White 1% Milk - OKR1061 (8 oz.)	75	110.00	2.50	1.50	130.00	13.00	8.00
White Skim Milk - OKR1060 (8 oz.)	25	90.00	0.00	0.00	130.00	13.00	8.00
Jelly - OKR1183 (1 packet)	200	34.57	0.00	0.00	0.00	8.89	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: The Clubhouse
Menu Line: BRKFST-Café Classics
Serving Group: K-8
Nutrients Option: Expanded