



Guthrie Public Schools Secondary Breakfast Menu April 2019

Assorted Sides	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Served Daily: Assorted Dry Cereal Canned Fruit Fresh Fruit Orange Juice Apple Juice Assorted Fat Free or Lowfat White and Flavored Milk	1 Sausage Biscuit Glazed Donut Diced Peaches	2 Pancake on a Stick Chocolate Muffin Orange Smiles	3 Breakfast Pizza Nutrigrain Bar Mixed Fruit	4 Cheddar Cheese Omelet Cinnamon Roll Mixed Fruit	5 Breakfast Taco Yogurt & Goldfish Graham Cracker Diced Pears
	8 Honey Glazed Chicken Biscuit Banana Muffin Diced Peaches	9 Pancakes Hard Boiled Egg Orange Smiles	10 Breakfast Pizza Yogurt & Goldfish Graham Cracker Mixed Fruit	11 Egg & Cheese Breakfast Sandwich Cinnamon Sugar Donut Mixed Fruit	12 Biscuit & Gravy Nutrigrain Bar Diced Pears
	15 Honey Glazed Chicken Biscuit Cinnamon Toast Crunch Bar Diced Peaches	16 French Toast Sticks Yogurt & Goldfish Graham Cracker Orange Smiles	17 Breakfast Pizza Blueberry Muffin Peaches	18 Breakfast Taco Cinnamon Roll Mixed Fruit	19 Biscuit & Gravy Nutrigrain Bar Diced Pears
	22 Sausage Biscuit Glazed Donut Diced Peaches	23 Pancake on a Stick Chocolate Muffin Orange Smiles	24 Breakfast Pizza Nutrigrain Bar Mixed Fruit	25 Cheddar Cheese Omelet Cinnamon Roll Mixed Fruit	26 Breakfast Taco Yogurt & Goldfish Graham Cracker Diced Pears
	29 Honey Glazed Chicken Biscuit Banana Muffin Diced Peaches	30 Pancakes Hard Boiled Egg Orange Smiles			

A meal consists of 3 food groups: Grains, Fruit/ Vegetables and Milk. Students must pick at least 3 items from the 4 items offered from the 3 food groups.

Menu items are subject to change due to availability	Child Nutrition Office 405.282.5952
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