



### Effective Diabetes Management At School

Dear Parent/Guardian:

Guthrie Public Schools provides nursing services that promote students' ability to learn. Our goals are to:

- Assist students in learning how to take care of their health
- Ensure a safe school environment
- Promote good control of a student's health condition so they are ready to learn

Diabetes can affect a student's ability to learn if it is not under good control. To help us meet these goals, Guthrie Public Schools employs a nurse who is certified in diabetes management in schools. She works with school personnel, individual students with diabetes and their families, and the student's health care provider.

As a reminder, each school year we need to have the following information for your child:

- Most recent written diabetes medical management plan from your healthcare provider
- Signed medication authorization by parent/guardian and physician for medication and treatment at school

In addition, adequate supplies, as listed in the student's diabetes medical management plan, must be provided at school:

- Snacks or glucose tablets to treat low blood sugar
- Medications
- Blood glucose meter, strips, and supplies
- Ketone testing strips and equipment if indicated by your physician
- Glucagon\*\*\*

We are looking forward to helping your child with diabetes be successful in school. Please feel free to contact use with any questions or concerns.

Shayna Vaughan  
District Nurse  
(405) 282-8900 office phone  
Shayna.vaughan@guthrieips.net